

# **DAILY ROUTINES**

## ***Student Euphonium Player Edition Contents***

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# DAILY ROUTINES

*Student Euphonium Player Edition*

*Preface*

I commend this book to students everywhere. It contains very well structured exercises and shows a real appreciation of all the skills necessary to become a fine brass player. Given patient practice of these routines progress is guaranteed.

I congratulate the author—David Vining—on his intuitive knowledge and his ability to breathe new life into daily routines.

**Steven Mead**  
**International Euphonium Soloist**

# DAILY ROUTINES

## *Student Euphonium Player Edition* *Student Introduction*

***Daily Routines for the Student Euphonium Player*** is designed to help you develop and maintain your fundamental euphonium skills. To use ***Daily Routines***, simply play one routine a day. Since there are a total of 8 routines, you can choose a different routine each day so you have variety in your “daily routine diet!”

In order for this book to be effective, you must have the discipline to play a daily routine every day over a long period of time; at least six months to a year. Of course it is acceptable to miss a day or two here and there, but the important thing is to develop your skills slowly but surely over time.

Each routine is efficient, lasting only 15-20 minutes. This daily time commitment is relatively small but may be the most important part of your practice day because spending time on your fundamentals will help you play everything better. In other words, if you master the skills in this book, your playing will improve overall, not just on one or two particular pieces of music.

It is recommended that you play a daily routine from this book as your first practice session. It is not necessary to warm up before you play one of these routines because, in each routine, the very first drill is long tones and mouthpiece buzzing. Once you spend 15-20 minutes to play one of these routines, take a break and come back later to practice your other assignments. Breaking up your practicing into small chunks like this is an effective way to improve.

Once you feel confident with ***Daily Routines for the Student Euphonium Player***, it is time to graduate to the more advanced edition in this series of books: ***Daily Routines for Euphonium***.

In addition, try these other books published by Mountain Peak Music, available in editions for euphonium:

**THE BREATHING BOOK**  
**FLOW STUDIES** →



Remove Mouthpiece and Buzz

Replace Mouthpiece and Play

Remove Mouthpiece and Buzz

Replace Mouthpiece and Play

Remove Mouthpiece and Buzz

▲ = Inhale  
 Time the inhale so it happens during this beat. Don't breathe in through the instrument.

□ = Blow  
 Blow air through the instrument vigorously without creating a tone. Finger the valves as though playing the indicated pitch.

♩ = 80

2. Blow

Play

*f*

*f*

*f*

*f*

*f*

**3A.**  $\bullet = 84 +$

*mp* *mp*

Continue pattern through all valve combinations

**2** 1-2-3 or 2-4 1-3 or 4

*mp* *mp*

Continue pattern through all valve combinations

**3B.**  $\bullet = 84 +$

*mp* *mp*

Continue pattern through all valve combinations

**2** 1-2-3 or 2-4 1-3 or 4

*mp* *mp*

Continue pattern through all valve combinations

**4.**  $\bullet = 80$

*f* *p* *mf* *f* *p* *mf*

*f* *p* *mf* *f* *p* *mf*

*f* *p* *mf* *f* *p* *mf*

*f* *p* *mf* *f* *p* *mf*