flow studies>

Bass Trombone Edition

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Introduction

Flow Studies for Trombone is designed to help you learn how to effectively use your air flow to play trombone. As you play the studies, consider the following questions:

How fast is my air moving?

How much air am I using?

How much air is left in my tank?

Will I make the phrase?

and most importantly...

Am I getting the sound I want?

Using **FIOW STUDIES→**

- There are no tempo markings in *Flow Studies*. You should choose a tempo which allows you to make the phrase in one breath comfortably. As you play the lower phrases, it is acceptable to speed the tempo up gradually in order to make the phrase more playable.
- Even with the tempo considerations stated above, some phrases may require an additional breath. In these cases, it is preferable to add a breath than to allow a lack of air to adversely affect the tone quality. Players with a smaller lung capacity will simply need to breathe more often.
- Never try to squeeze air out beyond your comfort level. If you cannot make the
 phrase, insert a breath. Helping you learn how to deal with these phrasing issues is
 one of the goals of this book.
- There are crescendos and diminuendos in *Flow Studies* but there are no dynamic markings. You should choose an overall dynamic which is comfortable and musically sensible.

- Always strive for a smooth sound and gradual changes in dynamics. Flow Studies are studies in phrasing and smoothness.
- If you have trouble making the phrases in the fast flow studies, make sure you are not stumbling through the notes because you are uncomfortable with the key. Practice the etudes until you can play every phrase in one breath comfortably and that the technique in that particular key is not a hindrance.

Flow means moving the air all the way through the end of the phrase. Flow also means moving the slide through the fast notes with ease and accuracy.

FLOW STUDIES are divided into three groups:

Slow

Medium

Fast

For maximum benefit, mix two or three different studies from each group every day. A daily rotation has been suggested although players are certainly welcome to mix and match the studies to their liking. If the rotation is followed, players will spend 10 - 15 minutes a day on Flow Studies.

FLOW STUDIES has a companion book! It's called BREATHINGBOOK and it contains detailed information about breathing designed to maximize your breathing efficiency.

> To order, go to: www.mountainpeakmusic.com

6. Whole Tone



Part II: Medium Flow Studies 15. Ascending

