

# FLOW STUDIES

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# FLOW STUDIES

## Introduction

*Flow Studies for Trombone* is designed to help you learn how to effectively use your air flow to play trombone. As you play the studies, consider the following questions:

How fast is my air moving?

How much air am I using?

How much air is left in my tank?

Will I make the phrase?

**and most importantly...**

Am I getting the sound I want?

## Using **FLOW STUDIES**

- There are no tempo markings in *Flow Studies*. You should choose a tempo which allows you to make the phrase in one breath comfortably. As you play the lower phrases, it is acceptable to speed the tempo up gradually in order to make the phrase more playable.
- Never try to squeeze air out beyond your comfort level. If you cannot make the phrase, insert a breath. Helping you learn how to deal with these phrasing issues is one of the goals of this book.
- There are crescendos and diminuendos in *Flow Studies* but there are no dynamic markings. You should choose an overall dynamic which is comfortable and musically sensible.
- Always strive for a smooth sound and gradual changes in dynamics. *Flow Studies* are studies in phrasing and smoothness.

- If you have trouble making the phrases in the fast flow studies, make sure you are not stumbling through the notes because you are uncomfortable with the key. Practice the etudes until you can play every phrase in one breath comfortably and that the technique in that particular key is not a hindrance.

**FLOW STUDIES** ➔ are divided into three groups:

*Slow*

*Medium*

*Fast*

For maximum benefit, mix two or three different studies from each group every day. A weekly etude rotation has been suggested although players are certainly welcome to mix and match the studies to their liking. If the rotation is followed, players will spend 10 - 15 minutes a day on *Flow Studies* and will play every etude in one week.

## Teachers

An effective way to use **FLOW STUDIES** ➔ with your students is to trade phrases. This allows you to deliver an aural model of smoothness and phrasing that your students can emulate.

## 2. Ascending F Minor

This musical score is for a piece titled "2. Ascending F Minor". It is written in bass clef with a 4/4 time signature and a key signature of three flats (F, C, G). The piece consists of a single melodic line on a five-line staff. The melody is characterized by long, sweeping slurs that encompass multiple measures, often ending with a fermata. The notes are primarily quarter and eighth notes, with some half notes. The piece begins with a whole rest in the first measure, followed by an ascending sequence of notes. The final measure of the piece ends with a double bar line.

